



We understand that adolescent and young adult women have particular needs that may differ from older women.

*Get in touch*

Phone: 855-778-1600

Email: [hello@mysistermyfriendbcs.com](mailto:hello@mysistermyfriendbcs.com)

[www.mysistermyfriendbcs.com](http://www.mysistermyfriendbcs.com)



## SISTERS UNITE

Our Under Age 40 Program





## About Sisters Unite

### Our Support Program Helps:

- To reduce feelings of isolation, anxiety, and distress
- You learn new ways of coping
- Increase feelings of hope and empowerment
- Provides you with practical information about treatment and resources
- You communicate better with your medical team and those closest to you

## THE PROGRAM

### RESOURCES

We have support groups and online resources to assist with understanding your diagnosis, treatment protocols, and other AYA (Adolescent & Young Adult) breast cancer concerns such as: fertility, child rearing, and survivorship plans.

### CONNECTIONS

We foster an atmosphere conducive to connecting with other AYA breast cancer survivors for peer support through tele-support, chats, and virtual and live meetups.

### ENROLLMENT

- To enroll in the program, you must first fill out a registration form.
- Be female and under age 40 at the time of breast cancer diagnosis.
- Be a resident of Los Angeles or Orange County.

You may enroll in person or inquire through our website 24/7 on our "contact us" page", using the subject line Sisters Unite and a registration form will be emailed to you.

### ABOUT US

My Sister My Friend Breast Cancer Support is a grassroots, nonprofit 501(c)3 breast cancer survivorship organization. It was founded by four survivors post treatment. Their efforts were to make an impact by assisting women battling breast cancer within their community.

### OUR SERVICES

Our additional services include:

Monthly support groups for women of all breast cancer types, stages, and ages during and post treatment.

In person, tele-support and virtual meetings.

Pairing Partners to treatment appointments.

Resource networking for wigs, transportation, house-keeping and apparel.

She Speaks speaker's bureau.

Educational Outreach

Field Trips and events for survivors, their caregivers and families.